



WHAT IS THE FILE OF LIFE?

The File of Life helps first responders with medical information if you are rendered unconscious or if you are unable to communicate effectively.

The medical card lists the patient's emergency medical contacts, health problems, medications taken, allergies, recent surgeries and more.

The File of Life is a card that is kept on the outside of the resident's refrigerator in a bright red magnetic pocket, readily available to EMTs when they arrive on an emergency call.



GET YOUR FILE OF LIFE

(520) 887-1010



publiceducation@nwfdaz.gov

